



Developmental Therapy Associates, Inc.

[www.developmentaltherapy.com](http://www.developmentaltherapy.com)



## Bike Riding Lessons

Does your child have trouble learning how to ride a bike?  
Are you frustrated with teaching your child to ride?  
Can't seem to move past training wheels?

### We Can Help!

DTA is offering bike riding lessons for individuals of all ages and skill levels who are interested in improving their biking skills!

**Who:** Anyone interested in learning to ride a bike! We can help address many concerns such as: proper bike fit, balance, coordination, sensory processing problems, poor endurance, safety awareness, starting, braking, steering, and bike control.



**Where:** Developmental Therapy Associates.

**Cary:** 3500 Regency Parkway, Suite 120  
Cary, NC 27518

**Durham:** 3514 University Drive, Office #8  
Durham, NC 27707

**When:** Appointments are scheduled on an individual basis at the client's convenience per therapist availability.

**How:** Clinics are 1-on-1 sessions instructed by an occupational therapist. The therapist can help modify bike fit and assess current skill level. Based on client need, the therapist will provide coaching, suggestions and tips to improve independence and ability level. Strategies will be offered for practice at home. Follow up sessions may be scheduled if needed.

**Cost:** \$50 for a 30 minute session. Services are not reimbursable by insurance. Payment is required when services are rendered.

**What to Bring:** Client's are responsible for providing a bike and a helmet. Closed-toed shoes are recommended and other protective gear is optional. Children must be accompanied by a parent or caregiver for instruction and follow up information.



To Register Call:

Developmental Therapy Associates, Inc.

Cary:

(919) 465-3966

Katie McLaughlin, MS, OTR/L

Durham:

(919) 493-7002

Linda King-Thomas, MHS, OTR/L