



Developmental Therapy Associates  
& Absolute Speech and Language Therapy

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**Bike Riding Clinic**

Child's name: Parent 1:  
Preferred name: Email:  
Date of birth: Phone number:  
Gender: Age: Parent 2:  
Medications: Email:  
Diagnosis: Phone number:  
Medical precautions/limitations Address:  
Are you a current client: Yes No If so, who is your therapist:  
Person completing this form:  
Relationship to child:  
How long has your child been practicing bike riding without training wheels:  
Current level of skills when riding a bike (check all that apply):

- Currently using training wheels
- Able to push off the pedal to "start" the bike
- Pedals independently
- Able to maintain appropriate speed of the bike
- Maintains balance
- Able to steer the bike
- Able to make turns

Able to use breaks (hand breaks or reverse pedal breaks)

Aware of safety

Follows 1-2 step directions

Has appropriate endurance to ride a bike

Has adequate strength to handle the bike (walk with the bike, move the bike without riding it, etc)

Other:

Please help us to understand your child's feelings about bike riding. Check all that apply:

Is excited about bike riding (without training wheels)

Is fearful about bike riding

Is nervous but wanting to learn bike without training wheels

Is not yet ready to ride without training wheels

Other:

Please describe any additional concerns you have about your child's bike riding or provide any additional information that you feel will be helpful:

Please talk about your child's strengths, motivators, and/or special interests that may help with bike riding:

- \* Cost of a one hour bike riding session is \$100 which is due at the time of session.  
It is not reimbursed by insurance.
- \* Please give 24 hour notice for cancellation.
- \* Session will be rescheduled due to inclement weather.
- \* Please make sure training wheels are removed prior to the bike riding session.  
Bring any tools that might be required for adjusting the seat height. Lastly, bring a helmet, water, and snack if needed.

**We can't wait to help your child learn to ride a bike**